

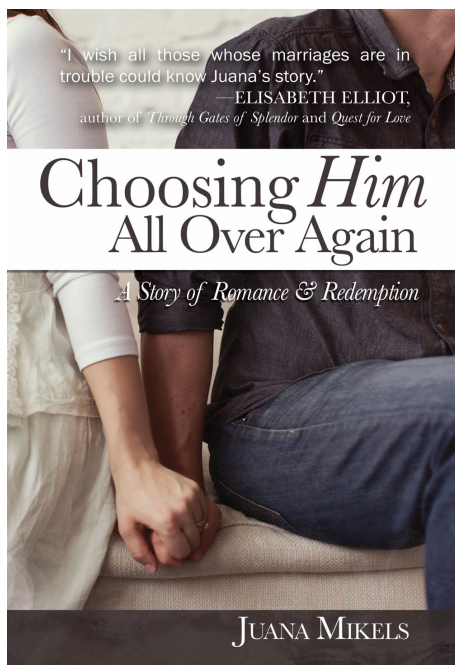


# news release

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## WOULD YOU CHOOSE HIM ALL OVER AGAIN? AUTHOR'S SEARCH FOR MR. RIGHT LEADS HER TO JESUS



**For immediate release:** A handsome husband, a dream job, and plenty of money- so why wasn't Juana Mikels happy? In a desperate attempt to find the peace and happiness she craved Mikels left it all behind. In *Choosing Him All Over Again: A Story of Romance & Redemption*, (Ambassador International; January 2015; \$14.99, paperback) Mikels offers an intimate account of her search for Mr. Right, a journey that ended up leading her into the arms of Jesus, and ultimately back home to her husband.

Mikels not only includes a candid recount of her own marriage struggles in *Choosing Him All Over Again*, but she interviewed more than 40 people, all of whom had been separated or divorced at one time. "It is my prayer that you will be encouraged and able to love your husband and to choose him again," writes Mikels. "It is my delight to share my history with you because my story is a story of God's grace."

*Choosing Him All Over Again* includes strikingly honest accounts of Mikels' personal experience of separation from her husband and their ultimate reconciliation. Mikels offers wives 11 checkpoints for refreshing any marriage including saying 'I love you' daily, not bringing up past failures and praying for your husband every day. The book provides free resources like prayers Mikels prays for her husband, a note to Christian women married to unbelievers or married to Christian men who are not acting as believers should and access to a free downloadable companion study guide.

**About the Author:** Juana speaks to women's groups and churches with her story and seminar on order, home life, and time management for busy Christian mothers. Formerly a National Account Manager with Xerox Corporation, she left the work force to be a stay-at-home mom and homeschooled her children. Juana, her husband, Terry, and their four children live in Raleigh, North Carolina.

For more information about the author visit [JuanaMikels.com](http://JuanaMikels.com). To connect with the author please contact publicist Alison Storm at [media@emeraldhouse.com](mailto:media@emeraldhouse.com).

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## Suggested Interview Questions for the Author:

1. What led you to write *Choosing Him All Over Again*?
2. When did you start to wonder if you had married the wrong person?
3. Why do you think you were feeling so unhappy?
4. Why did you decide to separate from your husband?
5. Was it difficult to relive this part of your past when writing *Choosing Him All Over Again*?
6. You provide nine areas to focus on during separation and reconciliation. Why is having a supportive, mature Christian friend so important?
7. The book includes 11 checkpoints to refresh your marriage. What are some of the ways we can keep our marriage strong?
8. You became a believer seven years before your husband. How do you encourage other women who are in the same situation?
9. You interviewed more than 40 people who have been through a separation or divorce. Why did you decide that was important?
10. Does your story have a happy ending?

## Endorsements:

“God writes the best love stories—and Juana’s is one of the best! When Juana was trying to write her love story, she failed miserably. But when she turned it over to God, He did the impossible.”

—SHEILA WRAY GREGOIRE, Inspirational Speaker, blogger

“Juana is a lovely and godly woman who speaks from her heart, personally and honestly to her audience. She glorifies God with her honesty and candidness, and draws her listeners in with Truth and Grace from the Spirit who lives in her. I highly recommend her to you!”

—VALERIE ELLIOT SHEPARD, Author of *Pilipinto’s Happiness*, daughter of Jim and Elisabeth Elliot

“*Choosing Him* is a transparent testimony of the power of God to change lives and marriages. Juana so beautifully weaves her story of brokenness as she unravels the mystery of God’s way in marriage. God used Juana’s search to find herself—to find Him! And now, she is sharing all the wisdom she learned on her journey with us! I believe marriages will be saved and changed for God’s glory with the message of this book.”

—COURTNEY JOSEPH, Author of the book *Women Living Well* and blogger at WomenLivingWell.org

“A stirring love story beginning with Christ’s pursuit.”

—EMILY WICKHAM, Blogger at ProclaimingHimtoWomen.com

“Juana Mikels leads us through an incredible message of hope. There is no marriage that’s beyond the scope of God’s redeeming power. With a blend of wisdom and warmth, *Choosing Him All Over Again* reminds us that marriage is worth fighting for.”

—DARLENE SCHACHT, Author of *Messy Beautiful Love: Hope and Redemption for Real-Life Marriages*

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“Juana writes from her heart as she exposes her journey of marriage brokenness and reconciliation, giving readers hope for their future and the motivation to embrace true intimacy with God. This story is captivating because Juana details her thoughts and emotions which led her to walk away from her marriage for a time—thoughts and emotions that many wives encounter daily. Her honesty and transparency is a rare treasure, allowing others the chance to relate and not feel so alone in marital struggles. Juana’s words are full of life-giving encouragement, just the kind of inspiration couples desperately need today.”

—JENNIFER SMITH, Author of *The Unveiled Wife* and *Wife After God*

“Juana is real, she is honest, and she constantly points you back to the only One who brings hope, joy, and peace—Jesus Christ. You will leave with a deeper understanding that God’s plan is always best and He brings beauty out of our brokenness.”

—LEANNE BURDA, Writer, Blogger, Speaker, Women’s Ministry

“Dumping her husband for the ‘good life,’ Juana Mikels decided she could create a much better life on her own, so she took off . . . heading the wrong way down a one-way street. Then Juana crashed . . . right into Jesus and His plan for her life.

Finally, after so much ‘me-ism,’ she came face to face with Jesus and His Word. When she gave her life to Him, her parallel path with Him began. She, without realizing it, started what would become an intense love relationship with her Lord and Savior. She kept up her pace with Jesus, and miracles began on the other path. This book is a life changer. Juana’s story is for every woman: single or married!”

—NANCY COBB, Author of *The Politically Incorrect Wife* and *How to Get Your Husband to Listen to You*

“Juana bares her soul as she shares her story of pain and heartache with great transparency. Not knowing where to turn due to her broken marriage, she turned to Jesus Christ, and what she found was not just hope, but redemption, grace, and love. As Juana sought to live a Christ-centered life, the Lord blessed her with a thriving, Christ-centered marriage. Juana’s message will definitely encourage and equip many wives with hurting marriages.”

—JOLENE ENGLE, Owner and author of JoleneEngle.com, Founder of ChristianWifeUniversity.com, and best-selling author of *Wives of the Bible*

“Hearing Juana’s story of God’s grace in her life deepened my love for the gospel and gave me a sense of peace regarding God’s sovereignty over all of life’s struggles. I especially appreciate how Juana speaks to women from all walks of life: single, married, young, advanced in years, mothers, believers, and unbelievers. I am excited to see how the Lord will continue to use Juana and her gifts for His glory.”

—RACHEL LEE BRADY, Principal, RLB Public Affairs, LLC

“Juana Mikels is a delightfully gifted speaker who instantly captivates her audience. Whether she is demonstrating tangible ideas for creating family traditions or sharing poignant experiences from her unique journey with Christ, Juana is able to deliver a clear message that conveys her love of Christ through insightful, biblical wisdom in an approachable style, laced with humor and practicality.”

—SALLIE HITE MCDANIEL, Author of *Jesus is My Thesis*

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“God has gifted Juana and guided her fingers as she typed. He has given her a beautiful story of romance and redemption. I have laughed, cried, been convicted and helped. Some of your lessons were just what I needed as I read them.”

—PAMELA BUNN, Wife of 34 years, former Teaching Leader and Area Advisor for BSF International, current Board member for BSF International

“Juana’s messages always point us to Jesus, the One who knows us so personally and knows how to meet each of us right where we are. In everyday life’s joys and hardships, she reminds us of His unending love and constant presence with His beloved children.”

—ANNE STANCIL, Pastor’s Wife, Former Women’s Ministry Director, Providence Baptist Church

“Juana is a role model of Christ-like loving. She offers authenticity, transparency, and wisdom as she teaches truth and application to others. She inspires us to live our lives to glorify Christ.”

—JAYNE HODGES, Marriage Mentor Ministry Coordinator, Capital Community Church

“Juana Mikels was the keynote speaker at our women’s retreat in March of 2013. Our women loved her honest sharing, her personal testimony of God’s grace in her life, as well as her warm and vibrant personality. By the end of the weekend, it felt like Juana was part of our church family!”

—JENNIFER MORGAN, Retreat Director, Christ Covenant Church of Raleigh

“Juana opens your eyes to truth, bringing tears to your eyes yet joy to your heart.”

—LINDA R. MORRIS, Chairman, Community Christian Fellowship

“Juana’s story brings light and hope into God’s design for marriage. If you are less than content in your marriage, I encourage you to open the pages of this book and allow God to minister to your heart. It is my belief that those who read the words of Juana’s heart will be taken on a journey that will strip you down bare—allowing God to make you whole—and in turn make your marriage all you desire it to be.”

—CARLIE KERCHEVAL, Founder of [ManagingYourBlessings.com](http://ManagingYourBlessings.com), Co-Author of *Learning to Speak Life: Fruit of the Spirit*

“There are certain people who stand out as guideposts in your spiritual life, pointing you in the right direction. Juana has been that for me, constantly pointing me back to truth.”

—AMY TALBOTT, Blogger at [AGrowingWifeandMommy.wordpress.com](http://AGrowingWifeandMommy.wordpress.com)

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## JUANA MIKELS *Author of "Choosing Him"*



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### Connect with the Author

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