

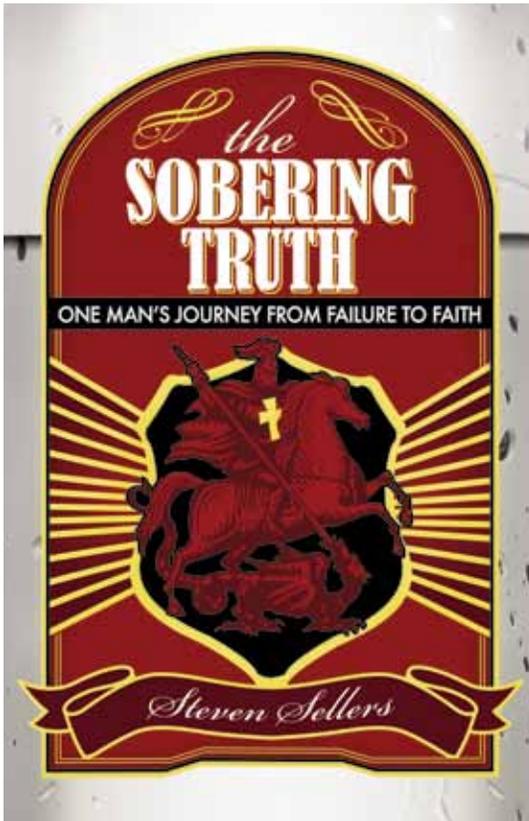


# news release

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## FORMER ADDICT HELPS OTHERS EMBRACE LIFE BEYOND SOBRIETY *Alcohol Stole Author Steven Sellers' Life, but God Gave It Back*



RELEASE DATE: Early July 2011  
TRADE PAPERBACK  
PAGES: 416  
PRICE: \$15.99  
ISBN: 9781935507611

**FOR IMMEDIATE RELEASE:** Statistics show that at least eight out of ten people don't recover from addictions. Many receive help at treatment facilities only to fall back into their old ways once they leave. That's exactly what happened to Steven Sellers. "People leave treatment armed with information on how to remain sober, but more often than not people fail," says Sellers. "Many addicts are under the delusion that life will get better once they're sober, but when it doesn't they return to the comfort of addiction."

His new book, *The Sobering Truth: One Man's Journey from Failure to Faith*, shares the good news that despite the startling reality of what happens to *most* addicts, every life can be restored in Christ. This book reveals Sellers' personal battle with alcoholism and how his addiction eventually pushed out everything in his life that was important. It's the raw truth about how addiction bred deception and how deception destroyed Sellers' career, marriage, self-esteem, relationships, health, finances and character.

On the destructive, dysfunctional, and lonely path of addiction, Sellers found God and through Christ's love was restored and healed. Sellers explains how he went from being controlled by a substance to handing control over to God. Published by Ambassador International, *The Sobering Truth* will be available at bookstores nationwide in July, 2011.

### CONTINUED ON BACK

**ABOUT THE PUBLISHER:** Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International's books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit [www.ambassador-international.com](http://www.ambassador-international.com). You can also follow @AmbassadorIntl on Twitter or check out Facebook.com/AmbassadorIntl.

## Suggested Interview Questions

1. What is your definition of recovery? This is a compelling story about your journey through addiction and recovery;
2. What's unique about your journey to sobriety?
3. The book opens with medical notes from the treatment center/hospital where you were in treatment. Can you tell us a little about your decision to include them?
4. You write vividly and graphically about the depths of your addiction and the moment you came to 'the end of yourself'; was that difficult to write about?
5. Looking back, can you identify influencing factors in your eventual battle with alcohol addiction?
6. What do you think the difference is between sobriety and recovery?
7. Every book has a legacy. What do you hope will be the long-lasting effect of the telling of your story?
8. What have been some of the ministry opportunities that have come your way since the manuscript was completed?



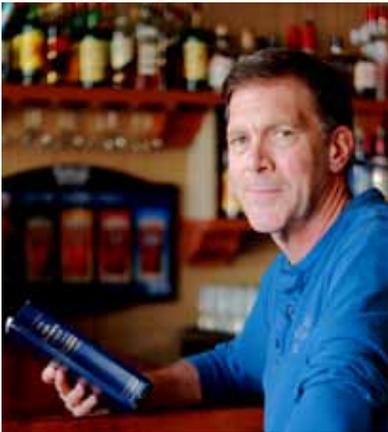
# author bio

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## STEVEN SELLERS

*Author of The Sobering Truth: One Man's Journey from Failure to Faith*



Steven Sellers knows more than most about alcoholism and the devastating effects the disease can have not only on the alcoholic, but on family and friends as well. Alcoholism stripped Steve of everything that was important to him, including his family and his career. After a failed attempt at a treatment facility he ended up in a Minneapolis detox clinic where he came to Christ.

Steve has been sober since February of 1996 and he's now using his life to honor God and all He's done in Steve's life. Steve believes part of that means sharing his story with others at treatment centers, AA meetings, community health forums, high school assemblies and college classes. Steve lives in Marion, Iowa with his wife Trisha.

### Connect with Steven

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 [www.SoberingTruth.co](http://www.SoberingTruth.co)

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