



news release

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427 Wade Hampton Blvd

Greenville, SC 29617

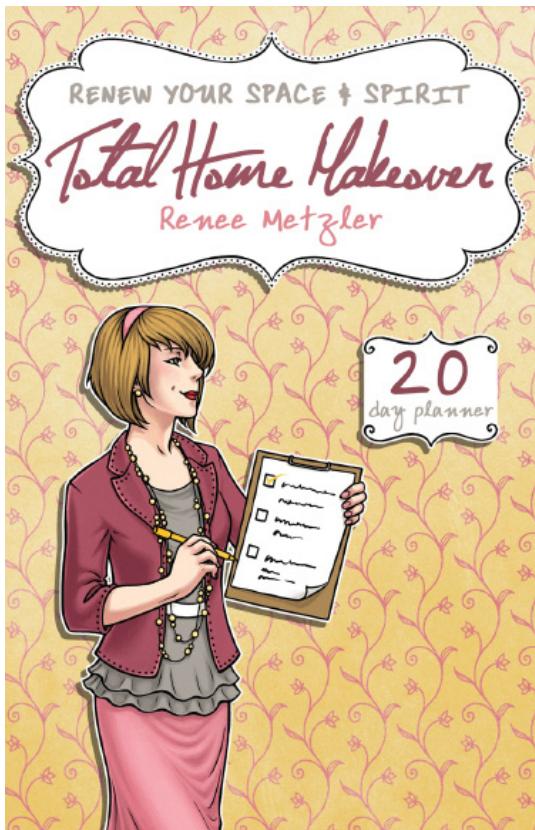
Ph. 864.235.2434

Fx. 864.235.2491

www.ambassador-international.com

MEDIA CONTACT: Alison Storm
864.235.2434
media@emeraldhouse.com

RENEW YOUR SPACE AND SPIRIT IN 20 DAYS WITH A TOTAL HOME MAKEOVER *Author and Home Management Expert Renee Metzler Coaches Readers Through Transformation*



RELEASE DATE: August 2012

TRADE PAPERBACK

PAGES: 224

PRICE: \$11.99

ISBN: 9781620200131

FOR IMMEDIATE RELEASE: Get a Total Home Makeover in just 20 days with the help of home management expert Renee Metzler. Renee's new book *Total Home Makeover: A 20-Day Plan to Renew Your Space and Spirit* (Ambassador International; August 2012; \$11.99, paperback) includes daily coaching sessions, to-do lists, prayers and scripture. In Total Home Makeover, she will help you:

- **Renew your spirit** by building intimacy with a God who shows up, hears, cares and speaks.
- **Break into pro-active home management** by establishing smart daily and weekly routines that keep your home running smoothly.
- **Coach your family** to get involved with home keeping and chores and give them the gift of responsible living.
- **Organize each room** to fit your family's lifestyle and renew your space.

Renee gave up a full-time career to become a full-time mom and home manager ten years ago. But she quickly realized she had never learned the skills necessary to do this job well. "I felt completely lost with the 24 hours of unstructured time," explains Renee. "So I started to research smarter ways to manage a home. This book is a quick-start manual that will help any home manager do their job with excellence, taking life from chaos to order." *Total Home Makeover* also includes handy worksheets like a meal planner, chore chart and room planner. Renee Metzler is a freelance author and speaker who helps women to live in balance, purpose and victory. As founder of Renee's Joy Journey, found at renee-joyjourney.com, Renee blogs weekly to help women break free into their destiny.

For interview requests please contact publicist Alison Storm at media@emeraldhouse.com. You can also learn more at TotalHomeMakeover.com.

CONTINUED ON BACK

ABOUT THE PUBLISHER: Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International's books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit www.ambassador-international.com. You can also follow @AmbassadorIntl on Twitter or check out Facebook.com/AmbassadorIntl.

Suggested Interview Questions

1. What led you to write Total Home Makeover?
2. What was hardest about transitioning from a full-time job to working in the home full-time?
3. Is everyone capable of following this structured path to organization?
4. How did learning to manage your home help your relationship with God?
5. What changes can people expect to experience in just 20 days?
6. Why did you choose to include so many resources in the book?
7. Is this something many moms struggle with?

Endorsement

“I was implementing your ideas and they worked wonderfully!! I felt more in control and less chaotic.” – Marti, Busy Mom & Publisher from Harrisburg, PA



author bio

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RENEE METZLER

Author of "Total Home Makeover: A 20-Day Plan to Renew Your Space and Spirit"



Renee Metzler is a freelance author who lives in Central Pennsylvania with her husband, two daughters and cat. After beginning her career as a mother and home manager in 2002, and feeling “lost,” she began to research secrets to the trade of home management, and the idea of Total Home Makeover was born.

Renee holds a degree in Secondary Education, English from Bloomsburg University. She spent four years mentoring women in a sales career. Renee now blogs at Renee-joyjourney.com where she coaches women to know God intimately, manage life and home and drink more coffee.

Connect with Renee

<http://totalhomemakeover.com/>

<https://www.facebook.com/ReneeMetzler2>

<https://twitter.com/THMbyRenee>

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