

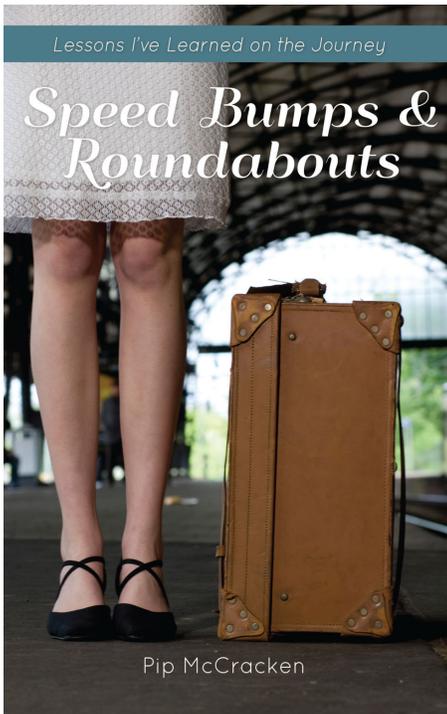


news release

AMBASSADOR INTERNATIONAL
427 Wade Hampton Blvd
Greenville, SC 29617
Ph. 864.235.2434
Fx. 864. 235.2491
www.ambassador-international.com

MEDIA CONTACT: Alison Storm
864.235.2434
media@emeraldhouse.com

AUTHOR SHARES LIFE'S TWISTED, UNPREDICTABLE JOURNEY IN NEW BOOK *SPEED BUMPS AND ROUNDABOUTS* IS ABOUT WHAT HAPPENS WHEN THE ROAD OF LIFE ISN'T A SMOOTH PATH



RELEASE DATE: February 2014
TRADE Paperback
PAGES: 240
PRICE: \$14.99
ISBN: 9781620202487

For immediate release: Pip McCracken had a plan, one that involved straight As, loads of friends, a handsome husband and angelic children. But her reality has taken her off course and head on with bullying, divorce and heart break. In *Speed Bumps and Roundabouts* (Ambassador International; February 2014; \$14.99, paperback) McCracken explains how life is never the straightforward journey we expect, but the scenery can be captivating. “One of my greatest wishes with my writing has always been that by telling people about the things I’ve been through, the things I’ve felt, they will know that they’re not alone,” says McCracken.

McCracken, a native of Northern Ireland now living in New Zealand, begins the book with an honest admission: she doesn’t have all the answers. She’s not writing from a place of satisfaction or even contentment, but rather from a place of brokenness. “Every day I live is part of the story of how Jesus has saved me from depression, rejection, fear, jealousy and self-pity,” she writes.

Using humor and honesty, McCracken covers a variety of topics that she’s experienced during her 26 busy years. Writing on everything from missions to singleness, readers will likely see many of their own struggles through her life. “There have been so many times when all I’ve wanted to do is stop in the midst of the crowd and cry, when I’ve felt like there’s no one to help, like nothing is working out, like it’s just too difficult,” admits McCracken. “What I want most of all is for this book to help other people keep going as well— even over the speed bumps and around the roundabouts.”

About the Author: Pip is originally from Belfast, Northern Ireland and has been living and working as a physiotherapist in Hamilton, New Zealand for the last five years, trying to write with every spare second she has.

To learn more about Pip McCracken visit PipMcCracken.com, or Facebook.com/PipMcCrackenWriter. To receive a review copy of *Speed Bumps and Roundabouts* or to connect with the author please contact publicist Alison Storm by email at media@emeraldhouse.com.

ABOUT THE PUBLISHER: Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International’s books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit www.ambassador-international.com. You can also follow @AmbassadorIntl on Twitter or check out Facebook.com/AmbassadorIntl.

Suggested Interview Questions for the author:

1. What led you to write *Speed Bumps and Roundabouts*?
2. How did writing this book change you?
3. What message do you want readers to walk away with?
4. What was your favorite chapter to write?
5. Which chapter was the most difficult to write?
6. What's been the reaction of your friends and family who have read the book?

Reviews:

“I have just finished reading Pip McCracken’s book, *Speed Bumps and Roundabouts*. Having been in Pastoral ministry for over four decades I have gathered a library of thousands of books and have probably read thousands more on top of those. So many of them contain great, inspiring, even heroic stories. Often I have found myself admiring an author’s experiences and victories and yet strangely the admiration never translated into an attempt to imitate. Their victorious stories just seemed to be beyond me somehow. Nice to be them, sad to be me, I have thought countless times. Pip’s book had an altogether different effect on me. Her honesty and vulnerability in dealing with the *Speed Bumps and Roundabouts* in her life encouraged me to address my own. There were inspirational portions, possibly even heroic portions, but mostly the book left me feeling that this I could imitate, this is within my reach. Vulnerable, authentic people seem to have that effect on us. I think that if you read about Pip’s journey through her *Speed Bumps and Roundabouts*, you will be encouraged in facing yours.”

Don Barry Senior Leader, Gateway Church, Hamilton, NZ

“What strikes me about Pip’s writing is the bravery woven throughout it – her willingness to be vulnerable before us, the reader, is striking & beautiful. And so I’ve no doubt her story will inspire bravery & hope in those who journey with her as they read.”

Jude Hill journalist, Northern Ireland

“There is something infectious about questions, they just draw you in and from the get-go Pip’s questions make you want to keep reading. I am sure some of her questions will resonate with yours but regardless it’s a story I want to read and trust that God might speak to me as I do.”

Helen Warnock General Director Scripture Union Northern Ireland

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author bio

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PIP MCCRACKEN

Author of "Speed Bumps and Roundabouts"



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Connect with Pip McCracken

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