

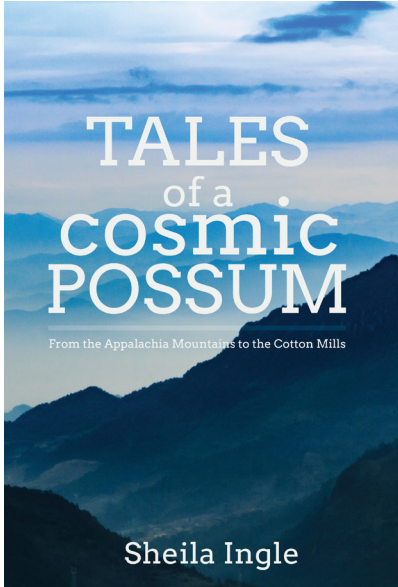


news release

AMBASSADOR INTERNATIONAL
411 University Ridge Ste B14
Greenville, SC 29601
Ph. 864.751.4847
www.ambassador-international.com

MEDIA CONTACT: Keli Garrett
864.517.0666
media@emeraldhouse.com

AUTHOR BRINGS TO LIFE STORIES ONCE LIVED BY WOMEN OF THE APPALACHIAN



RELEASE DATE: October 14, 2017
TRADE Paperback
PAGES: 176
PRICE: \$14.99
ISBN: 9781620206126

For immediate release: While reading a novel about Appalachia, author Sheila Ingles came across the expression, “cosmic possum.” After looking up the definition in the Urban Dictionary, she found that it meant “a person whose roots are Appalachian, but who has gone on to become educated while still appreciating his or her mountain roots. Ingle says, “[w]hen reading this novel about Appalachia, I stopped at this curious phrase to find out its meaning. And then, reality finally commanded my attention. I am married to a cosmic possum.”

Ingles begins her book *Tales of a Cosmic Possum* (Ambassador International, October 2017, \$14.99, paperback) with a look into what inspired her to share the long-forgotten stories of eight hard-working Appalachian women. She says, “John William Ingle, my husband of now thirty-seven years, is the keeper of his family’s stories.” Ingles brings these stories to life as she paints vivid pictures of the mill families who loved one another and shared their Southern Appalachian hospitality despite having to work long hours to keep food on the table and shelter over their heads. Her words will captivate you as she shares heartbreaking stories along with warm tales of family togetherness. Ingles had the honor of knowing three of the mill women in their later years and says, “I admire their strength, creativity, and perseverance; now their lives in American history will not be forgotten.”

At the end of her introduction, Ingles wrote, “[m]uch has been lost from John’s heritage and family. However, you, readers, can get a glimpse into the long days and short nights of a few forgotten women who labored in the cotton mills’ spinning and weaving rooms and taught their daughters and nieces to follow their steps.”

About the author: Sheila Ingle has lived in South Carolina all her life. A graduate of Converse College, she taught in local schools and colleges. In her retirement, she has written four books about Revolutionary War heroines in South Carolina. She is a community volunteer, a member of several lineage societies, and a women’s Bible study leader.

To connect with the author or request a review copy of *Tales of a Cosmic Possum*, please contact Keli Garrett at media@emeraldhouse.com.

ABOUT THE PUBLISHER: Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International’s books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit www.ambassador-international.com. You can also follow @AmbassadorIntl on Twitter or check out Facebook.com/AmbassadorIntl.

Endorsements:

“The family stories told in *Tales of a Cosmic Possum* took me back to my childhood and the many evenings I spent at my grandfather’s knee begging for one more family story of hard work, struggle, and living a simple, Christian life with kindness and generosity for those in need. These stories will resonate with you and leave you with a sense of appreciation and nostalgia.”

~ Krista L. Newkirk

President, Converse College

“The eight women so vividly described by Sheila Ingle knew hardship, but found ways to make a home, earn a living, encourage education, teach values and manners, and most of all instill a sense of self worth and pride in honest work. As I read, I could taste the cornbread and molasses, smell the clean clothes billowing on the clothes line, envision the cherished quilted and tatted keepsakes, and hear the beautiful hymns. Most of all, I could see a ninth woman who was a single mother who worked in the local mill for fifty-two years, took her daughters to church, taught them to value education, good manners and hard work. For I am a daughter of the ninth woman and a ‘daughter’ of Sheila Ingle’s pioneering women and I enjoyed immensely visiting with my kin!”

~ Dr. Ann Bowles,

Administrator at Spartanburg Methodist College, formerly Textile Industrial Institute

“Like her characters who preserved peaches and beans in the summer to be enjoyed in the winter, Sheila Ingle has preserved the stories of her husband’s family to be enjoyed now that they’re gone. From hard-scrabble Tennessee farms to upstate South Carolina mills, the women of this clan kept their heads up and their hands moving, quilting, cooking, and serving hot grits to hungry hoboes. Thanks to these clear-eyed, God-fearing women, their families survived fearsome poverty and a lacking education to endure the diseases and numbing physical labor of textile mills. Once so common, these *Tales of a Cosmic Possum* are fast becoming more uncommon. You’ll want to celebrate them and their heroines again and again.”

~ Aida Rogers,

Editor of the anthology series *State of the Heart: South Carolina Writers on the Places They Love*

ABOUT THE PUBLISHER: Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International’s books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit www.ambassador-international.com. You can also follow @AmbassadorIntl on Twitter or check out Facebook.com/AmbassadorIntl.



author bio

AMBASSADOR INTERNATIONAL
411 University Ridge Ste B14
Greenville, SC 29601
Ph. 864.751.4847
www.ambassador-international.com

MEDIA CONTACT: Keli Garrett
864.517.0666
media@emeraldhouse.com

SHEILA INGLE

Author of "Tales of a Cosmic Possum"



Sheila Ingle has lived in South Carolina all her life. A graduate of Converse College, she taught in local schools and colleges. In her retirement, she has written four books about Revolutionary War heroines in South Carolina. She is a community volunteer, a member of several lineage societies, and a women's Bible study leader.

Connect with the Author

 www.sheilaingle.com

 [@SheilaIngle1](https://twitter.com/SheilaIngle1)

 www.facebook.com/SheilaIngleAuthor

ABOUT THE PUBLISHER: Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International's books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit www.ambassador-international.com. You can also follow @AmbassadorIntl on Twitter or check out Facebook.com/AmbassadorIntl.