



Sarah Had a Little Plan news release

AMBASSADOR INTERNATIONAL
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A TIMELESS HOLIDAY CLASSIC ABOUT THE WOMAN WHO HELPED MAKE THANKSGIVING A NATIONAL HOLIDAY.
A DELIGHTFUL CHILDREN'S BOOK THAT MAKES HISTORY COME ALIVE THROUGH RHYME AND IMAGERY.



RELEASE DATE: October 19, 2021
TRADE Paperback
PAGES: 36
PRICE: \$15.99
ISBN: 978-1-64960-114-8

For immediate release: A new holiday classic for the whole family to enjoy about how Thanksgiving came to be. From the historical pen of Jen Tousey comes *Sarah Had a Little Plan* (Ambassador International; October 19, 2021; \$15.99), the story of Sarah Josepha Hale and her decades long mission—that spanned four presidencies—to make Thanksgiving become a national holiday.

About the Book: Author Jen Tousey writes, “In the early nineteenth century women did not go to college, there were not many options for a woman who needed a career to survive, and the country was headed toward Civil War. It was a tough time to be a widow with five children.” *Sarah Had a Little Plan* is equally the tale of a brave woman who used her pen to provide for her children and shape the history and policy of a nation, as it is the story of how a national holiday came to be. For decades, Sarah wrote to four different presidents, trying to convince them that a day of Thanksgiving was worthy of becoming a national holiday. Written in catchy, singsong phrasing, the book teaches children about Sarah’s dedication to the idea of Thanksgiving as a national holiday. With colorful illustrations, historical imagery, and an attention to detail, Jen Tousey creates a holiday classic for families to read and enjoy year and year. Parents and children alike will marvel at Sarah’s decades-long dedication to Thanksgiving and the unity of the United States, and parents might just chuckle at the nineteenth century red-tape that Sarah Josepha Hale faced long ago.

About the Author: Jen Tousey is just as feisty and tenacious as Sarah Josepha Hale. They are both passionate about education for all, American history, patriotic stories, and Thanksgiving! When Jen isn’t researching or writing about something historical, she’s likely touring a somewhat forgotten landmark with her family, parading around a reenactment in a fabulous outfit, or recreating some lost remedy or historic recipe with her daughter.

To connect with the author or request a review copy of *Sarah Had a Little Plan*, please contact publicity director Susanna Maurer at media@emeraldhouse.com.

ABOUT THE PUBLISHER: Ambassador International was founded in 1980 in Belfast, Northern Ireland and expanded to Greenville, South Carolina in 1995. Ambassador International’s books and materials have been distributed in dozens of countries and are sold worldwide. For more information visit www.ambassador-international.com. You can also follow @AmbassadorIntl on Twitter or check out [Facebook.com/AmbassadorIntl](https://www.facebook.com/AmbassadorIntl).



Endorsements & Interview Questions

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Endorsements for *Sarah Had a Little Plan*

Far more than the simple rhyming storybook it first appears *Sarah Had a Little Plan* is a full lesson about why we celebrate Thanksgiving that most Americans can learn something from. What a great tool to teach where the Holiday began without repeating the myths that have been placed upon the origin story since. The lesson part of the book is as engaging as the story.

Daniel Shippey

Educator, historical interpreter of George Washington at Mount Vernon

This delightful book is a winner for children in many ways. It is written in a rhyming manner which helps children learn to read and increase their vocabulary. It is historical—as an adult this book taught me something new! A true story of never giving up on ideas ~ believe in yourself.

Holly Stover

History Enthusiast

Jen captures the joy, faith, and determination of Sarah Josepha Hale in delightful prose for children. *Sarah Had a Little Plan* flows with history and beauty. I look forward to using it to introduce children to Sarah's vital contribution to Thanksgiving tradition in America.

Rebekka Parry

Author of *Hobomok and Thanksgiving* and *Giles' Hopkins First Year at Plymouth*

Suggested Interview Questions for Jen Tousey

1. What sparked your interest in Sarah Josepha Hale?
2. What surprised you the most in your research of Hale?
3. What sort of audience is your book geared towards?
4. What is your background in history, and what organizations are you a part of?
5. What was the hardest part of the writing process?
6. Are you hoping to write more historical pieces in the future?
7. What is your favorite historical fun fact?
8. What do you hope people take away from your book?
9. Do you have anymore projects lined up for the future?
10. What's your favorite line in the book?

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author bio

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JEN TOUSEY

Author of "*Sarah Had a Little Plan*"



Award-winning producer and forever educator, Jen found her happy place writing about things she loves: education, history, patriotic heroes, and turkey! When Jen isn't researching or writing, she can be found touring a historical location with her family, cruising around a historical reenactment in full dress, or recreating some ancient forgotten recipe with her daughter. If you'd like to know when Jen's next book will come out or what she's up to in general, please visit her website at www.thisfamilyblog.com where you can sign up to receive a free Thanksgiving game for the dinner table.

CONNECT WITH THE AUTHOR

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